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***Borrelia burgdorferi* infection in horses.**

Literature review 1980-2019

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Introduction

The aim is to make a thorough but easily understood literature review regarding *Borrelia burgdorferi* infection in horses. The review will focus on epidemiological measures, seroprevalence, methods of detecting an infection and will put special emphasis on the several challenges present when trying to finalize a definite diagnosis of Lyme disease in horses.

The following questions will be addressed;

What is the level of seropositivity of Borrelia burgdorferi in horses?

Which measures are used to confirm an infection of Borrelia burgdorferi?

Would seropositivity of Borrelia burgdorferi be directly related to the clinical signs presented in horses?

What are the main challenges in confirming Borrelia burgdorferi as a causative agent of the development of clinical signs in horses?

Material and methods

Literature search

An initial search using the databases accessed from the University library as well as google scholar gave access to several journals, articles and case studies. The initial months were spent reading material and sorting out which material that were out of interest in the making of this thesis. The reference lists of the found material were in some cases further studied to be able to read the text in its original context.

The University library has access to well established databases such as MEDLINE, Science direct and several others. The following research criteria were used:

(Horses) AND (Borrelia)

(Horses) AND (Lyme)

(Ixodes) AND (Lyme)

(Horses) AND (Vaccine)

Other sources

For information regarding the different laboratory methods used to confirm *B. burgdorferi* infection in horses the developing companies own homepages were used in some cases, for example the homepage of Idexx (idexx.com). Some information was also retrieved from official websites such as the website of European Centre for Disease Prevention and Control (ecdc.europa.eu). In these cases, the material was originally obtained with the help of Google's search tool.

All sources used in this thesis can be found in the reference list and are referred to with numbers in the text.

Result of literature review

History

The disease was first recognized 1975 in the city of Old Lyme in Connecticut, USA where children presented a juvenile form of rheumatoid arthritis¹. The aetiological agent of Lyme disease was identified and named *Borrelia burgdorferi* after its discoverer Burgdorfer et al. in 1982 and later in 1985 antibodies were confirmed through serology in horses of New England, USA¹.

The breakthrough of in vitro cultivation of borreliae occurred in 1971 when Kelly described a liquid medium which successfully maintained the spirochete *Borrelia hermsii* in 80 continuous subpages where after the spirochete was still proven to be infective². This medium was to be named after Kelly and after some adjustments it was later used for the isolation of Lyme disease spirochetes from the mid-gut of an infected *Ixodes dammini* tick². After further update, this medium is known today as 'BSK medium'; Barbour- Stoenner- Kelly medium, who all took part in its development.

Aetiology

Borrelia burgdorferi is a gram negative, vector borne spirochete bacteria³. The bacteria have 7-11 bipolar flagella in the periplasmic space which allows it to stay motile in viscous media¹. *Borrelia burgdorferi* has the morphological structure of a spiral and belong to the phylum of spirochetes together with *Leptospira* and *Treponema*^{1 3}. The *B. burgdorferi* sensu lato species complex consist of several genospecies, for example: *Borrelia burgdorferi sensu stricto*, *Borrelia afzelii* and *Borrelia garinii*¹. The exact genospecies of the infectious agent might vary in different geographical areas¹.

The general transmission of the bacteria is via infected ticks of the *Ixodes* complex¹. The bacteria itself seems to be less metabolically active in an empty gut of a tick and seems to increase its metabolic activity during a blood meal¹. Both its motility and morphological structure seems to change as well following this event which is thought to be essential for its transmission and adaption to the new vertebral host¹. *B. burgdorferi* has an outer cell membrane that consist of Outer surface proteins (Osp's) which can be expressed differently depending on the surrounding environment of the bacteria; when the spirochete is located in an empty tick gut, mainly Osp A is expressed on the cell membrane; when the bacteria is present in an engorged tick, or is located inside the new vertebral host, mainly Osp C is expressed¹. In later chapters we will investigate

the Osp's roles as antigens during the vertebral hosts immune response and consequently how the study of the various antibodies produced might be of benefit when trying to confirm the actual stage of infection.

Epidemiology

Vectors

Vectors of the *Ixodes* complex get infected with the spirochete bacteria during a blood meal from a potential reservoir host and may inoculate the spirochete into a new vertebral host during its next blood meal¹. Ticks generally have three life stages; larva, nymph and adult. Ticks of the *Ixodes* complex requires one blood meal for every life stage for its proper development⁴. After each life stage they will be dropped to the ground following a blood meal and will undergo metamorphosis until the next life stage is reached⁴. The spirochete bacteria have the potential to stay infective during the metamorphosis and the infection can be acquired in any stage of the lifecycle⁴. The larvae of *Ixodes ricinus* might also acquire the infection from a transovarial route but this route is not suggested to be efficient enough for any further infection to the vertebral host¹. Adult female ticks will drop to the ground following a blood meal and will then find a protected area where she will deposit her eggs. The female dies after the egg laying⁴. The hatched larvae are six-legged and are in the need of humidity for its survival⁴. Males will mate several times with numerous females⁴. Adult ticks and nymphs that are yet to have a blood meal might overwinter if the climate allows it, this will create two breeding seasons of that area⁴.



Figure 1. Tick attachment on a horse's skin when visiting summer pastures

While *Ixodes ricinus* is considered the main vector in Europe, *Ixodes scapularis* and *Ixodes persulcatus* are considered the main vectors of North America and Asia respectively¹. *Borrelia burgdorferi* has also been isolated from *Ixodes uriae* ticks retrieved from sea birds which could potentially spread the pathogen further across continents via their migratory routes¹. *Borrelia burgdorferi* has been found in the digestive tracts of some mosquitoes and haematophagous flies but this route is not suggested to be the main contributory route regarding the dissemination of the pathogen¹.

Reservoir hosts

A reservoir host carries the pathogen for a significant amount of time and function as possible source of infection for the vector in question. Birds, medium- sized and small mammals are considered the main reservoir hosts for *B. burgdorferi*¹. The exact type of reservoir host may vary in different geographical areas. Research suggests that the rate of survival of the spirochete in the midgut of the tick could be influenced by the species and type of blood consumed by the tick¹. While larvae and nymphs usually infest smaller sized animals, larger animals, such as horses, are considered the main targets of adult ticks and their role as natural reservoir hosts are therefore questionable¹.

Infection route

Tick larvae or nymphs acquire the infection during their blood meals from an infected reservoir host, most often a small- or medium-sized wild mammal, the infection remains transstadial and the next developmental stage of the tick will be able to disseminate and inoculate the pathogen further¹. A transovarian route exists but is not considered to be efficient enough for a further spread into the vertebral host¹. Research suggests that female ticks are more often infected than male ticks¹. It is worth to mention that all developmental stages could potentially be infected while co-feeding in close relationship on the same host¹.

After acquiring the infection, the spirochete bacteria will be present primarily in the lumen of the tick's digestive tract¹. After a sufficient blood meal and following the engorgement of the tick, the pathogen will disseminate further through haemolymph to reach the salivary glands. The pathogen is likely to get inoculated into the new host via the saliva or by regurgitation^{1,4}. After being inoculated, the bacteria tend to stay near the attachment site of the tick for some time before it starts to migrate through connective tissue and other tissues of preference in the new host¹. The spirochete bacteria would not survive outside a host, a tick bite is therefore essential for further transmission⁵.

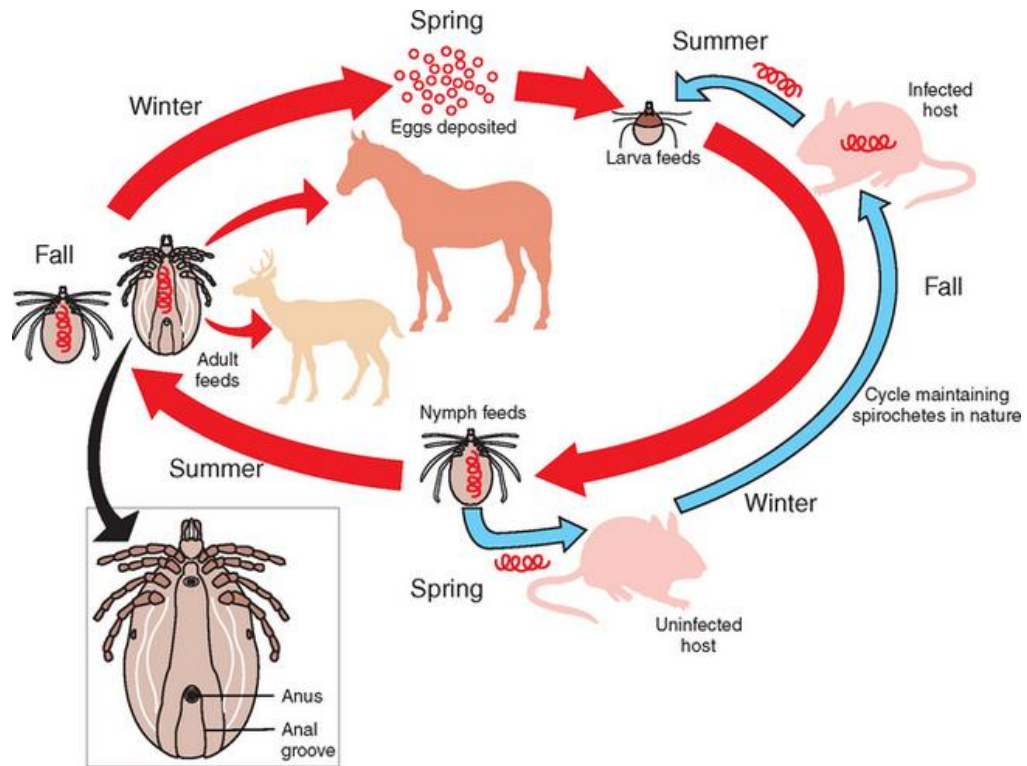


Figure 2. Two-year cycle of *Borrelia burgdorferi* in Horses.

The question has been raised whether direct contact of urine could serve as an additional route of infection, this after being able to observe viable *Borrelia burgdorferi* spirochetes in urine of clinically healthy horses in an endemic area¹. Horses, as well as humans, are considered accidental and dead-end hosts for *B. burgdorferi*⁶.

Prevalence of *Borrelia burgdorferi* in horses

The prevalence of *Borrelia burgdorferi* seropositive horses is suspected to be correlated to the prevalence of infected ticks in the area. Literature suggests that the seroprevalence of infected horses could be of higher incidence due to the possible increased time of exposure of the attaching tick on horses in comparison to humans that might observe it and remove it earlier¹. An overall 30-40% of seropositivity is to be expected in horses of endemic areas, 5-10% are expected to develop clinical signs and the rest to remain asymptomatic⁷. A study performed in 2001 revealed an increase in number of infected ticks in Germany over a 10-year period⁸. Climate change or changes in wildlife management were mentioned as possible causes for such a change⁸. Similarly, the overall density of ticks in Denmark were estimated to have risen between the years of 1984 and 1998, warmer winters were mentioned as a possible attribute to this increase⁷. If assuming an increasing prevalence of infected ticks as well as a rise of the tick population itself, it is advisable to investigate the actual date of the different investigations when comparing the different estimations of seroprevalence of horses from different studies, the laboratory methods used must also be kept in mind when comparing results of different studies⁷.

Even the time of the year for when the horses in different studies were tested might interfere with test results, it is suggested that the incidence of infection would be lower in horses during spring time than in late summer or autumn considering the fact that they then would have a longer exposure time to ticks and thereby risk of being infected⁷.

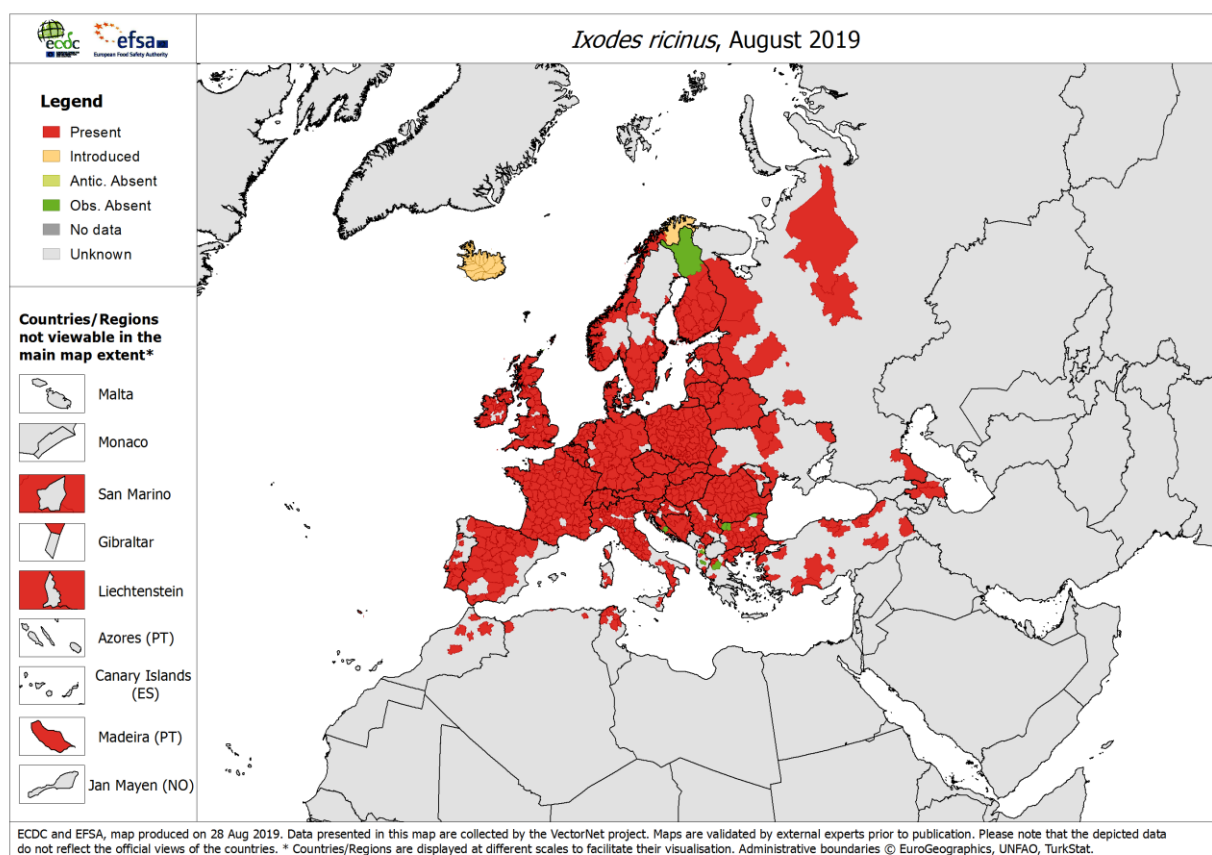


Figure 3. Presence of *Ixodes ricinus*, a vector of *B. burgdorferi*, Europe August 2019.

Out of 390 blood samples collected from Danish horses 29% were seropositive to *Borrelia burgdorferi*. The study covered several geographical areas in Denmark as well as horses of different ages, breeds and categories of use⁷.

Estimated seroprevalence of *Borrelia sensu lato* in Horses in Europe⁷

Slovakia	47,8%	Germany	16,1%
Poland	25,6%	Denmark	29,0%
Sweden	16,8%		

Estimated seroprevalence of *Borrelia sensu lato* in the U.S³

North Eastern U. S	40 %
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Pathogenesis

After the spirochete has been inoculated by the tick through the horse's skin, it has the ability to migrate and disseminate further through various tissues³. There seems to be certain predilection sites during the migration throughout the body such as: skin, fascia, perineural tissue and synovial membranes¹. The bacteria tend to reside in places that are immunologically privileged sites, away from the hosts' immune system, such as the eyes and nervous system³. When present in connective tissue, the bacteria could also be somewhat protected from being recognized by the immune system¹. *Borrelia burgdorferi* contain a protein with haemolytic activity and a pore forming effect. This protein is suggested to be of benefit during the bacterial migration throughout various tissues in the body and could possibly help the bacteria to escape any macrophage lysosomal activity¹.

There are several genospecies of *Borrelia burgdorferi*. According to investigations in human medicine, these genospecies tend to have their own individual tissue tropism and manifest of clinical signs. It is suspected that this variation of genospecies and trophism is involved in the various clinical signs expressed in horses as well¹.

There is some indication that the bacteria might be involved in the development of Vitamin A deficiency. Vitamin A downregulates the synthesis of some cytokines that are important signal molecules and activators of the immune system. Any deficiency in Vitamin A and its downregulation would hence predispose the animal to a more extensive inflammatory response which could contribute to the development of an acute arthritic form of the disease¹.

Clinical signs

The following signs have been suggestive clinical signs of *Borrelia burgdorferi* in horses according to the literature: arthritis, lameness, muscle tenderness, anterior uveitis, encephalitis, abortion, foal mortality and low grade fever¹. Additionally, pseudolymphoma has been describe at the site of the tick attachment⁵. More specific signs of neuroborreliosis could be: atrophy of spinal muscles, facial paresis, dysphagia, laryngeal dysfunction, tactile hyperesthesia, ataxia and behavioural changes^{6,5}. The lameness is described to be episodic in most cases but could also be of chronic nature⁴. The clinical presentation of Lyme disease could possibly range from asymptomatic to a more systemic type of disease in horses and is often described as being a multi-systemic disorder¹. Some ponies that were experimentally infected, presented skin lesions near the attachment site as their only obvious clinical sign¹. Erythema migrans is assumed to be easier to identify in humans due to the morphological differences of skin and fur¹. In human

medicine, disease of internal organs such as the heart, liver and kidney has been reported; this has not yet been reported in horses⁴.



Figure 4. Recurrent fibrinous anterior uveitis.

Differential diagnosis

It is advisable that the clinician investigate if the patient is in an endemic area or an area with the presence of possible vectors before suspecting *B. burgdorferi* as a causative agent. The suggested clinical presentation of *Borrelia burgdorferi* in horses might mimic the clinical signs of several other diseases for example *Anaplasma phagocytophilum*, influenza, infectious mononucleosis, chronic fatigue syndrome, multiple sclerosis, arthritis and other musculoskeletal problems⁴.

Leptospira is more commonly associated with uveitis in horses but have slightly different appearance on smears and stains poorly with Wright's stain in comparison to *Borrelia*³.

According to the literature, there is a risk of serological cross reactivity between *Borrelia parkeri* and *Borrelia burgdorferi*¹.

ALSO CONSIDER

- > Cauda equina neuritis
- > Cellulitis
- > Eastern equine encephalitis
- > Equine herpesviruses
- > Equine infectious anemia (eia)
- > Equine protozoal myeloencephalitis (epm)
- > Equine viral arteritis (eva)
- > Osteoarthritis (oa)
- > Purpura hemorrhagica
- > Rabies
- > Trauma
- > West Nile fever

Figure 5. Potential differential diagnosis

Laboratory measures

The Multiplex assay

The Multiplex assay is able to detect the antibodies produced from various stages of infection which may give an indication of whether the horse is subject to a recent or more chronic type of infection⁵. Up to recently an ELISA test, followed by Western blot or Immunofluorescence assay (IFA) for confirmation, has been common methods for confirming *B. burgdorferi* infection in horses. The Multiplex assay, developed by Cornell University, is more specific and is also able to detect antibodies earlier than some other tests⁶. Some previously used methods used one single antigen, such as C6, in their detection of antibodies, while the Multiplex assay uses three *B. burgdorferi* antigens, namely Outer surface proteins A, C and F⁶.

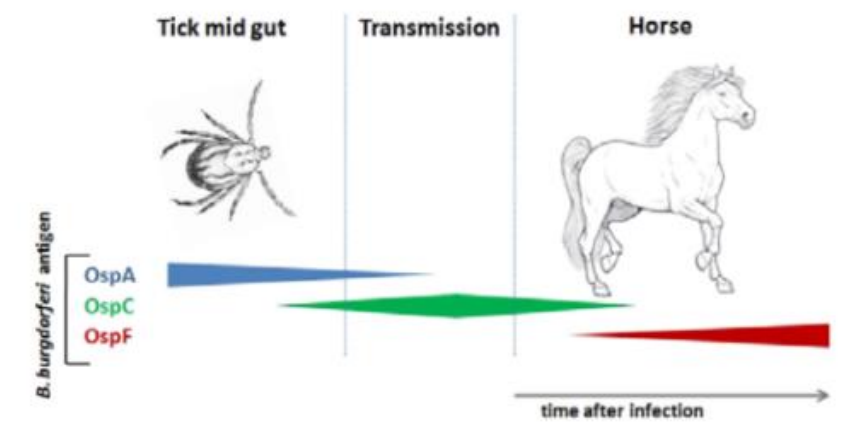


Figure 6. *B. burgdorferi* antigen expression

The type of outer surface protein expressed on the bacterial cell membrane is influenced by the surrounding environment⁶. When the bacteria are present in the tick's midgut the Osp A antigen is expressed⁶. During the blood meal and when leaving the ticks midgut, Osp C is expressed⁶. Osp C will also be maintained during early infection⁶. After being present in the horse's body for a while, Osp C disappears, and Osp F is expressed during the more chronic form of the infection⁶. The horse's immune system will produce different antibodies depending on which of the Osp antigens that are expressed at that time. The Multiplex assay is able to detect the type of antibodies produced and can thereby create a timeframe of the infection.

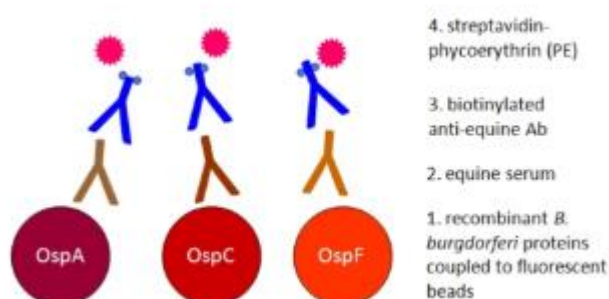


Figure 7. Multiplex assay

When performing the Multiplex assay, the Outer surface protein (Osp) specific antibodies of the horse sera will be bound to OspA, OspC or OspF multiplex beads and will be detected with the help of a fluorescent conjugate. The value of the Multiplex assay will be expressed as median fluorescent intensities (MFI)⁶. The assay is quantitative and provide information regarding all three antibody types from one single blood sample. The type of antibodies present may give an indication of the stage of infection. Osp A is generally not detected in horses that were naturally infected but may be present in horses with previous vaccination history⁶. As previously mentioned, Osp C indicates an early infection and Osp F a more chronic infection⁶. Osp C can be

detected around three weeks post infection and is undetectable by fourth to fifth months post infection⁶. Osp F is detectable from week five to eight post infection and will then stay elevated. If only Osp F antibodies were detected and not Osp C, the horse is considered to have been infected for at least five months⁶.

The Multiplex assay ability to establish a time frame of the ongoing infection might be of interest in practice, since treatment of an early infection is said to be more successful than treatment of a chronic infection⁶. A rapid decline of antibodies is considered a more successful treatment, since antibacterial treatment will decrease the presence of bacteria and consequently the antibody production, which means that the quantitative properties of the assay can be used for post treatment evaluation⁶. In addition, the method may be used for evaluation of vaccination status post vaccination via its ability to differentiate between a vaccination and an actual infection with the help of an Osp A antigen marker.

Table 1 (continued)					
Test	Laboratory	Antibody Targets	Interpretation	Pros	Cons
Equine multiplex assay (Serum and CSF)— not synovial fluid	AHDC, Cornell	3 recombinant antigens: OspA, OspC, and OspF	<ul style="list-style-type: none"> Quantitative; results expressed as MFIs Anti-OspA antibodies—vaccination and/or infection; correlate to antibodies detecting the 31-kDa band on WB Anti-OspC antibodies—early infection; correlate to antibodies detecting approximate 22-kDa band on WB Anti-OspF antibodies—chronic infection; correlate to antibodies detecting 29-kDa band on WB 	<ul style="list-style-type: none"> Detection of low-level antibody (pg/mL) Potentially elucidates infection stage and vaccination status Quantitative Increasing levels may indicate active infection 	<ul style="list-style-type: none"> False-negative results might occur due to genetic variation in OspC Experimental infection studies in horses confirming antibody kinetics have not been published Dilutional linearity not reported
SNAP 4Dx (Serum, plasma, or anticoagulated whole blood)	IDEXX	<ul style="list-style-type: none"> Synthetic peptide (C₆) that mimics specific Bb antigen (IR6, a highly conserved protein of VlsE) 	<ul style="list-style-type: none"> Qualitative; color development visually (subjectively) interpreted Positive results indicate natural exposure, not vaccination Anti-C₆ antibodies correlate to antibodies that detect the 39-kDa band on WB 	<ul style="list-style-type: none"> Inexpensive, easy to perform in clinic Rapid results Good agreement with multiplex OspF and WB Vaccination status unlikely to affect results 	<ul style="list-style-type: none"> Subjective interpretation Nonquantitative results

Figure 8. Description of the Equine multiplex assay and the SNAP4Dx methods for *B. burgdorferi* confirmation

ELISA SNAP®4DX

This ELISA test was initially developed for canine patients and is able to detect Heartworm, Lyme disease, Ehrlichia and Anaplasma. More specifically it detects *B. burgdorferi* antibodies in serum using C6 peptide technology. The sensitivity of the test is according to Idexx laboratory 94,1 %⁹. Following a positive result of the ELISA snap test, it is advised to do a follow up test for its confirmation. Idexx laboratories suggest using the Lyme quant C6 quantitative test. This test can be used to confirm an active infection and if treatment might be indicated; the C6 antibody levels correlate to the organism load and viability in the body¹⁰. If the levels of

antibodies are high; the patient is likely to benefit from treatment¹⁰. It is advised to perform a second Lyme quant C6 test six months post antibiotic treatment to again assess the level of antibodies and response to treatment. As previously mentioned, the information provided by Idexx concerns canine patients.

Even though the ELISA SNAP@4DX was originally developed for canine patients, it has been proven to work in horses as well. Some research has shown that antibodies might be detectable for a shorter period post infection when using the ELISA snap in comparison to other ELISA methods⁷.

Immunofluorescent antibody (IFA) testing

This method detects antibodies in serum and synovial fluid and was the first serological method used to detect Lyme disease^{1 2}. The spirochetes are initially fixed to a microscope glass slide. The slide then gets incubated with antibodies from the serum as well as some other antibodies that are labelled with fluorescein isothiocyanate. The binding is observed with a fluorescence microscope which indirectly confirms the presence of *B. burgdorferi* antibodies. This test lacks the exact quantification of antibodies and is not highly specific when it comes to detecting only *B. burgdorferi* since the serum might consist of other adherent antibodies if the patient has been exposed to other bacteria that share the same antigen².

PCR Polymerase chain reaction

By means of PCR both live and dead pathogen, intact and fragmented spirochete DNA could be detected. The method is considered to have high sensitivity but provide no indication of whether the infection is active or passive¹. PCR can according to the literature, use serum, synovial membrane, synovial fluid, cerebrospinal fluid and ocular fluid as test material^{5 7}. It is possible to send in ticks to investigate if the tick is infected⁴.

Western blot

The spirochetes are initially lysed using chemical methods and heat. This is followed by a step of separation of the various molecular components using sodium dodecyl sulphate-polyacrylamide gel electrophoresis². The separated components function as antigens and get transferred onto a membrane where they bind to specific anti *B. burgdorferi* antibodies of the serum incubated with the membrane. These bindings are then observed using for example autoradiography. A negative sample is easy to analyze but the interpretation of an ensuring positive result is more difficult due to variations in reagents and methods used which creates interlaboratory variations².

Culturing

Many laboratories use BSK II medium to isolate and maintain *B. burgdorferi*, the spirochete is most successfully cultured in neutral pH, in a microaerophile environment with a temperature ranging between 30-37 degrees². The spirochete is monitored using dark field light microscopy. Skin biopsies (from early erythema migrans lesions) and samples from various post-mortem lesions (for eg. blood, synovial fluid and eye fluid) are examples of test material that has been obtained during studies and investigations in the try of establishing cultures to identify the spirochete bacteria¹.

Direct methods

The spirochete bacteria have been observed in brain tissue using Direct immunofluorescence, in a histological section of the eye using Krajian silver staining and viable spirochetes has been observed in urine of clinically healthy horses in endemic areas¹.

Pathology and histopathology

Skin lesions, similar to erythema chronicum migrans in humans, have been observed in ponies near the attachment site of the tick; perineural and perivascular lymphohistiocytic aggregates were observed both subcutaneously and in deeper dermal layers¹. Similar reactions were also observed in fascia and perisynovial membranes, the prescapular lymph nodes presented marked lymphoid hyperplasia¹. The pathogen was also found in the heart, pericardium, bladder, kidney and in the meninges of the brain¹.

Results of laboratory investigations of interest

Case report of Encephalitis and its relation to Borreliosis

Following a case where an equine patient was presented with encephalitis, a brain sample confirmed the presence of spirochetes using direct immunofluorescence. Neither microscopy nor serology were used as additional resources in this case¹.

Case report of Arthritis and panuveitis and its relation to Borreliosis

A pony was presented with the clinical signs of arthritis and panuveitis. Microscopy confirmed the presence of a spirochete bacterium in a silver stained section of the eye and antibodies were

detected in serum and synovial fluid with immunofluorescence. Silver stains are generally difficult to interpret, and the culture performed was negative in this case¹.

Case report regarding uveitis and its relation to Borreliosis

A case report performed at Cornell university investigated two horses with the clinical sign of uveitis. The aim of the report was to isolate the spirochete bacteria within ocular fluid and to confirm the findings with the help of PCR. The first case involved a 16-year-old Icelandic horse that had uveitis along with alopecia around the eyes and mouth. The horse was hypersensitive and had a generalized pruritus. The uveitis was bilateral and the horse had turned blind. The clinical signs had been present for two months prior to this investigation. All values of the general clinical examination, such as heart rate and body temperature, were within normal range. Topical eye treatment and systemic NSAIDs had been previously administered but the ocular problems were described as reoccurring as soon as the treatment ended³.

The patient had previously been tested negative for *leptospirosis*. Previous ELISA tests were inconclusive and the Western blot negative when testing for *B. burgdorferi*. These tests were repeated with negative results at the University. Regular blood samples revealed an elevation of leukocytes, thrombocytes and fibrinogen. Several reflexes were absent during the ophthalmic examination and the eyes were subject to various pathological changes such as for example corneal wrinkling, yellow-green fibrinous aqueous humour and other changes related to chronic uveitis³.

The horse was euthanized due to suffering from the pruritus, hypersensitivity and to some of the other clinical signs. Samples were taken from both eyes for cytology and a complete necropsy was performed. The aqueous and vitreous humour expressed high cellularity with an inflammatory infiltrate, additionally spirochete-like bacteria was found in the vitreous humour which were consistent with *B. burgdorferi* morphology. A primer set of the Osp A gene was used for PCR and confirmed *B. burgdorferi* in the vitreous humour of both eyes. Samples were negative when tested for *Leptospirosis*. The Multiplex assay was used as an additional resource to measure antibodies of the vitreous humour and confirmed the presence of Osp A and Osp F antibodies³.

Even though *B. burgdorferi* was confirmed to be present in the vitreous humour of the eyes, other diseases and causes to the initiation of clinical signs could not be excluded. The presence of spirochete bacteria within the neutrophils of the cytopsin smear, see below figure, though strongly suggests that the bacteria were either an initial cause or at least a contributing factor in the development of this ocular inflammation³.

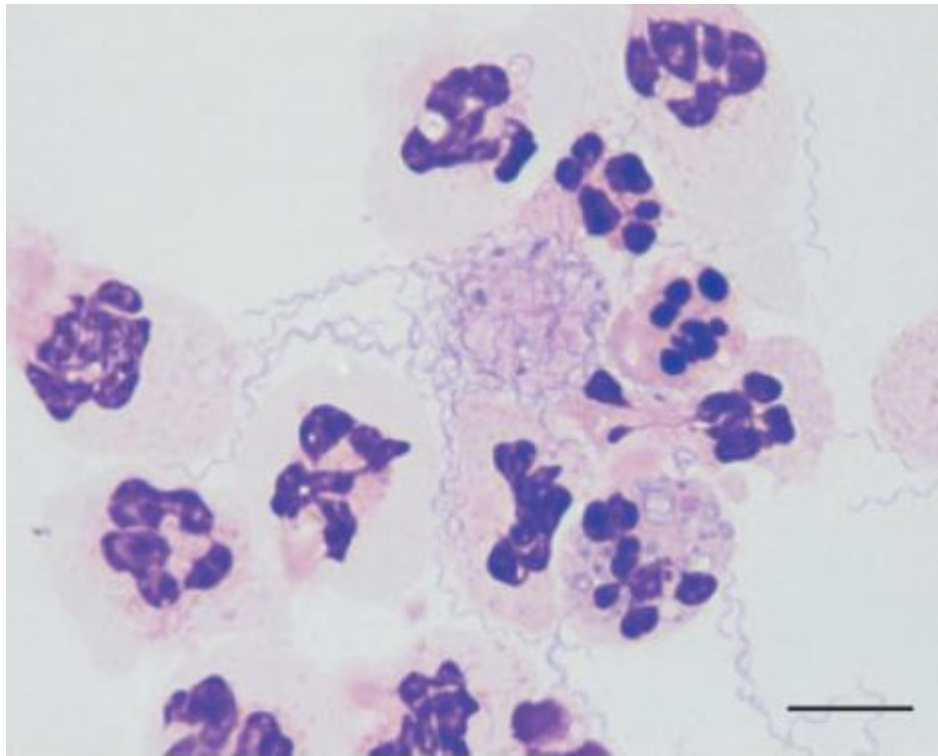


Figure 9. Vitreous humour. Neutrophils and spirochete bacteria. Cytopspin smear. Wright's x500. Bar = 10µm

The second case presented similar type of uveitis and involved a 13-year-old thoroughbred mare that appeared blind on clinical examination. PCR, smears of Modified silver stain and the Multiplex assay were used to identify the presence of *B. burgdorferi* of the different samples. The results were as follows³:

Left eye (PCR, OspA gene):

Aqueous humour: **positive**

Vitreous humour: **positive**

Serum: Negative

Right eye (PCR, OspA gene):

Aqueous humor: negative

Vitreous humor: no sample available

Serum: Negative

Left eye (Smear, Modified Silver stain) Right eye (Smear, Modified silver stain)

Aqueous humour: negative

Vitreous humour: **positive**

Aqueous humor: negative

Vitreous humor: no sample available

Multiplex assay antibody detection

Osp A antibodies

Osp F

Osp C

Serum: **positive**

Serum: negative

Serum: Negative

Ocular fluids: **positive**

Ocular fluids: **positive**

Right aqueous humour: **positive**

The horse was euthanized due to it being unfit to participate in normal riding and training. On necropsy, an inflammatory response was present in multiple organ systems such as the skin, muscles, nervous tissue and other organs. Histological sections from samples originating from these sites revealed no presence of spirochete bacteria. High OspA antibodies were detected in all samples of ocular fluids, this could indicate the presence of an autoimmune response that possibly contributed to the pathogenesis. The possible relationship between Osp A antibodies and auto immunity has as yet only been investigated in studies of humans with chronic Lyme disease. The presence of Osp A antibodies could also be related to a vaccination regime. The serum presented a lower titre of Osp A antibodies than the ocular fluids. This might support the idea of a more local production of antibodies in the eyes. The findings of Osp F antibodies usually indicate a chronic infection³.

The bacteria were only identified in the vitreous humour of the eyes which further supports a more local inflammation of the eyes. Taking samples of vitreous humour with the help of needle aspiration is described to be more challenging than collecting aspirate from the aqueous humour. The sampling of vitreous humour often fails, even during post-mortem examinations. The samples of aqueous humour revealed no presence of the bacteria, the real use of this sampling method is therefore questionable³.

Leptospirosis was part of the list of possible differential diagnosis of both horses but was ruled out due to the various tests performed. A previous European study did not find any significant correlation between clinical presentations of Equine recurrent uveitis and seropositivity to *B. burgdorferi* but there have been two documented cases prior to this investigation that suspected a possible relationship between uveitis and borreliosis in horses. This study is the only study known by the authors, that uses cytology to confirm *B. burgdorferi* in cases of recurrent equine uveitis. The authors find it challenging to finalize *B. burgdorferi* as a causative agent for uveitis in horses but still think that it should be part of a differential diagnosis, especially in endemic areas. Considering the risk of false negative serological results in horses with uveitis, the authors suggests that it could be worthwhile to test ocular fluids for the presence of antibodies as well as performing PCR if there is a suspicion of *B. burgdorferi* infection³.

A Swedish case study of seropositivity in horses and the possible relationship to clinical signs

According to a Swedish study horses that lived in the southern and middle part of Sweden had higher incidence of *B. burgdorferi* infection than horses that lived in the colder northern part of Sweden. Mares were more often infected, as well as the age groups 11-15-year-old and 0-2-year-old horses respectively. Breeding mares had a higher incidence of being seropositive than for example racehorses. The seroprevalence was the highest during July- September and in horses

that had longer pasture exposure. The result suggests that the categories of horses that normally spend more time out on pastures also have a higher rate of infection. As previously mentioned, geographical location and climate seem to be of importance as well. Both horses with clinical signs and clinically healthy horses that were presented to veterinary clinics participated in the study. It could still be mentioned that some categories of horses might be overrepresented in this study; horses that compete might for example visit a veterinarian more often than for example a breeding stallion¹¹.

The main aim of the study was to investigate the possible relationship of seropositivity to some of the suggested clinical signs of *B. burgdorferi* such as lameness, fatigue, arthritis, hoof problems and unwillingness to be ridden. The study revealed that seropositivity to *B. burgdorferi* did not seem to be directly related to any of the clinical signs mentioned, apart from coffin-joint arthritis where a possible relation was found. The exact explanation and value of this result could not be fully clarified in this study. According to the authors, Borreliosis was often a presumed diagnose if the horse presented any of the clinical signs mentioned and in addition proved to be seropositive to *B. burgdorferi*. The authors hoped that this approach would change slightly after this study, since not many of the clinical signs could be directly related to the serological status of *B. burgdorferi*. It was found during other previous studies that some of the seropositive horses expressed clinical signs such as swollen joints, stiffness, laminitis, abortions and fever. At the same time, horses that did not express any clinical signs also proved to have antibody titres for *B. burgdorferi*. Another study concluded that early pregnancy failure was more common in horses with positive serology than in mares with negative serology¹¹.

Experimentally induced infection

Seven specific pathogen ponies were exposed to the pathogen via infected ticks, none of these ponies expressed any clinical signs other than mild skin lesions. The pathogen was detected with the help of PCR in some tissue samples and the ponies expressed high titres of *B. burgdorferi* antibodies in their blood. The bacteria were successfully cultured from skin biopsies that originated from the attachment site. They were also able to isolate the bacteria from post-mortem samples, which could indicate the possibility of *B. burgdorferi* to cause clinically healthy horses to be persistently infected¹.

Koch's postulates

Koch's postulates defines the relationship between successful isolation of bacteria and the presence of an actual disease. The following four criteria has to be met; the bacteria must be present in every case of the disease; the bacteria must be isolated from the diseased host and grow in pure culture; the specific disease must be reproduced when a pure culture of the bacteria

is inoculated into a healthy susceptible host and finally; the bacteria must be recoverable from an experimentally infected host. All criteria were met regarding *Borrelia burgdorferi* in a study performed by Chang et al, but the research lacked to prove any direct relationship to the clinical signs observed⁵.

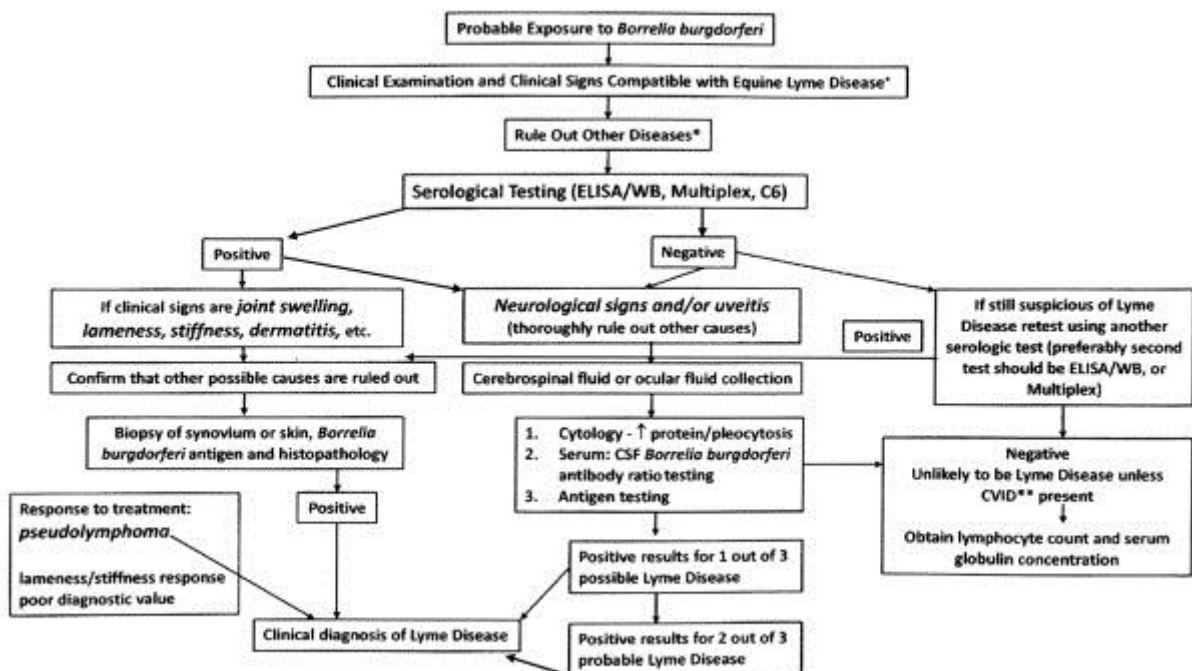
***Borrelia burgdorferi* as a conclusive diagnosis**

In the attempt of finalizing *B. burgdorferi* as the actual cause of disease the following questioning scheme are often used when a patient is being presented to a clinic⁶;

1. Does the horse live in an endemic area and could the Ixodes vector be present in the horses living environment?
2. Has there been any ticks found on the actual horse?
3. Could the clinical signs be compatible with signs of *B. burgdorferi*?
4. Have other causes of the clinical signs been ruled out?
5. Is the horse seropositive to *B. burgdorferi*?

If these criteria are interpreted as being part of a possible case of Borreliosis, the veterinarian might choose to go on with the recommended treatment.

Proposed Criteria for Antemortem Diagnosis of Equine Lyme Disease



*Documented syndromes (neurobelliosis, uveitis, pseudolymphoma of the skin). Unconfirmed observational evidence for Lyme disease, e.g., lameness, swollen joint or tendon sheath, myocarditis, and arrhythmias.

**This is of paramount importance due to both low positive predictive value of serologic testing and the lack of clinical data on Lyme disease in horses.

**Common variable immunodeficiency.

Figure 10. Guideline for antemortem diagnosis of Lyme disease in horses.

There is a wide controversy in the attempt of finalizing *Borrelia burgdorferi* in horses for many reasons; the wide list of possible differential diagnoses makes a final conclusive diagnosis more difficult as well as the fact that both clinically healthy and horses with clinical signs might be seropositive¹. On the contrary, some infected patients might also be seronegative². Possible co-infections with other pathogens, for example *Anaplasma phagocytophylum*, that shares both vector and similarities in the clinical presentation, could either just contribute or in fact, be the whole reason to the clinical signs¹. Studies revealed that 4,5% and 11% of the participating horses of a Swedish and Danish study respectively, were seropositive to both *B. burgdorferi* and *A. phagocytophylum* and that this relationship was of significance⁷.

Bacterial culturing and isolation of the bacteria has been successful in both clinically healthy and clinically diseased horses and could not be relied upon for a definite diagnosis¹. Studies have shown that horses with clinical signs might have higher antibody titre than subclinical horses. Even horses without clinical signs may present antibodies. A study showed that the antibodies rose for around 3-4 months, then became constant and detectable for about 9 months post infection⁷.

Seropositivity is not always reliable, in some cases where the spirochete bacteria have been confirmed by the means of other methods, serology has still been negative. It takes some weeks before antibodies are expressed and detected in a serological sample and some testing has still proven to be negative even in prolonged cases³. Serological tests of horses with for example uveitis has proven to be negative while the spirochete has been confirmed using other laboratory methods³. The recently developed Multiplex assay is able to identify antibodies originating from various stages of the infection and could possibly help in the clarification of the relationship between the possible various clinical signs and their relation to an active or chronic infection.

Treatment

A study proved tetracycline to be the most effective treatment providing 6,6 mg/kg IV q 12h for three weeks; this was the only treatment that successfully eliminated the pathogen of the infected host, using PCR and negative cultures as methods of reference¹. Literature also suggests other options of treatment such as Doxycycline per os, Minocycline per os or intramuscular treatment with Ceftiofur⁵. It is important to realize that there might be differences in antimicrobial bioavailability in different species; Doxycycline for example, is considered to have low bioavailability when being administered to horses per os¹. The use of antibiotics should only be administered to horses with clinical signs and that tested positive for *Borrelia burgdorferi*.

Additionally, antibiotics such as ceftiofur and metronidazole should not be part of the first line of defence considering the risk of development of drug resistance⁵. NSAIDs could be indicated if the horse experience pain or neurological problems⁵.

Table 2 Antibiotic recommendations for <i>Borrelia burgdorferi sensu lato</i> infections				
Drug	Dosage	Comments	Minimum Inhibitory Concentration for <i>Borrelia burgdorferi sensu stricto</i> or (<i>Borrelia burgdorferi sensu lato</i> Isolate)(Reference 8 Has All Authors Identified)	Quick Reference Disease Indications (Subjective)
Cefotaxime	25 mg/kg IV q6h Standard 500-kg horse: 12.5 g q6h NB 500-kg horse: 25 g q6h	High dosages (eg, 50 mg/kg IV q6h) for equine NB Excellent tissue penetration so efficacious in ocular and joint infections Suitable for distal limb perfusion (synovitis and osteoarthritis) Higher doses may lead to adverse effects (eg, colitis)	≤0.125 µg/mL 0.01–1 µg/mL	CNS Joint infections, intra-articular and distal limb perfusion Ocular infections
Ceftiofur	Ceftiofur sodium (Naxcel) 2.2 mg/kg IV q12h 500-kg horse: 1.1 g q12h Ceftiofur crystalline free acid (CFA, Exceede) 6.6 mg/kg IM days 1 and 4, then q7d 500-kg horse: 3.3 g per Rx	Research (REF 3a) indicates less “relapse” (increased Osp levels) post-treatment when compared with doxycycline. Excellent tissue penetration so efficacious in ocular and joint infections Long intervals between injections may increase patient comfort and compliance (Exceede) Sodium salt (Naxcel) suitable for distal limb perfusion (synovitis and osteoarthritis) Higher doses may lead to adverse effects (eg, colitis)	<0.04–0.08 µg/mL	CNS infections Ocular infections Joint infections, intra-articular and distal limb perfusion

(continued on next page)

Figure 11. Antibiotic recommendations.

Dexamethasone has been used with various outcomes in humans and should only be of consideration if the horse present uveitis or severe neurological signs⁵. Very few side effects have been reported following the usage of oral doxycycline, oral minocycline or tetracycline iv. for treatment; the most common side effect reported was soft manure⁶. The success of treatment can be evaluated by the means of a pre- and post- treatment blood sample where the presence of antibodies before and after the treatment. If the antibody value has decreased with at least 50 % between these two samples, during a set time frame, the treatment regime is considered successful⁶. The antibody titre will continue to decrease after a successful treatment and will become negative in the horse is not subject to any re-infection⁶.

As previously mentioned, there is a risk of co-infections, where a different pathogen could serve as the possible causative agent of the observed clinical signs. It is possible that the treatment of choice would target this other pathogen as well and that any improvement would be due to the antibacterial effect acting on that pathogen instead.

Table 2 (continued)				
Drug	Dosage	Comments	Minimum Inhibitory Concentration for <i>Borrelia burgdorferi sensu stricto</i> or (<i>Borrelia burgdorferi sensu lato</i> Isolate)(Reference 8 Has All Authors Identified)	Quick Reference Disease Indications (Subjective)
Doxycycline	10 mg/kg PO q12h 500-kg horse, 100-mg tablets: 50 tablets q12h	The most common antibiotic used for equine borreliosis Peak synovial fluid concentrations > than serum concentrations Use in suspected <i>B burgdorferi</i> synovitis is recommended Can be used in Borrelia-induced uveitis or NB, but ocular and CNS concentrations vs doxycycline @ 10 mg/kg ([see text]), has the additional benefit of intra-articular MMP inhibition/anti-inflammation	0.125–0.25 µg/mL ≤0.125–0.25 µg/mL	Joint and musculoskeletal disease
Metronidazole	15–25 mg/kg PO q6–8h 500-kg horse at 20 mg/kg = 10 g q6–q8h	Considered ineffective against motile spirochetes and effective vs resistant, round body (“stationary” or cystic) forms in vitro Used in concert with one of the other antibiotic choices on chart, which is effective for motile spirochetes. Oral administration may lead to patient inappetence IV formulation is expensive in adult horses	0.06–32 µg/mL 0.25–0.50 µg/mL	Chronic (resistant) Lyme disease in concert with an antibiotic effective vs motile spirochetes
Minocycline	4 mg/kg PO q12h 500-kg horse/ 100-mg tablets, 20 tablets q12h	Superior aqueous humor and CSF penetration (vs doxycycline) but tissue levels in vivo are questionable (may be below MIC for target organism) ±Recommended for ophthalmic and CNS cases of borreliosis Synovial concentrations are inferior to doxycycline, therefore a secondary choice for synovitis/ osteoarthritis	0.03–1 µg/mL 0.4–0.8 µg/mL	CNS and ocular infection

Figure 12. Antibiotic recommendations.

Prognosis

Early treatment with proper antibiotics is suggested but the prognosis itself is difficult to estimate due to the challenge of making a definite diagnosis. The prognosis depends on several factors such as; which organ system that is involved, the severity and duration of disease¹. The prognosis is considered poor if the horse present signs of neuroborreliosis; there is only one documented case where the treatment was successful⁵.

Prevention

The main method of prevention is to manually remove the tick; research of human medicine suggest that it takes several hours before the attached tick will inoculate and spread the bacteria into the new host. The recommendation is thereby to remove the tick as soon as possible and similar advice could be given to horse owners¹. While grooming the horse, have a close look at the jaw area, ears, mane and inside of the legs. The tick should be removed with the help of tweezers, using the thumb and finger should be avoided because of the risk of squeezing tick material into the skin while trying to remove it⁴. An antiseptic ointment could be used at the site following tick removal.

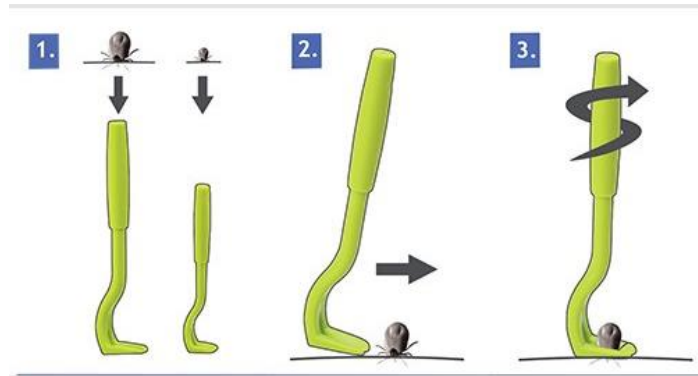


Figure 13. O'tom tick twister and suggested tick removal.

Topical treatments and tick repellents are other methods of prevention; the acaricide permethrin is suggested to have good effect but care must be taken when choosing topical treatment, not all are approved for horses¹. Ticks are active during a longer period than many of the summer flies; depending on the local climate and weather conditions, tick repellents can be used for prevention until the outside temperature drops below freezing.

Tall grass is often a way for the ticks to reach bypassing potential hosts; avoiding these areas would be beneficial in prevention but is not always applicable to horses on pastures. Ticks usually lay their eggs in piles of leaves; these could potentially also be looked after and somewhat reduced. Rodents and pet animals on the farm could be infested by ticks; by keeping the rodent population under control and applying spot-on or similar on other pets, the overall tick population and risk of infection could be limited.

There is currently no approved vaccine for horses on the market but research suggest that vaccination may be beneficial for prevention in horses as well¹². The effect of using commercial vaccines developed for dogs has not yet been proven¹. A study performed by Cornell University revealed that antibodies were produced after administration of the canine vaccine but that the respond varied greatly between individuals and the effect seemed to be short-lived¹³. The low incidence of Lyme disease in horses together with the controversy in finalizing a definite diagnosis, are both probable contributing factors for making the development of vaccines less attractive¹. The possibility of using vaccines for horses have been investigated in study performed by Chang et al. The study suggested that high concentrations of Osp A antibodies in the host plasma could possibly prevent the multiplication of the spirochete bacteria inside the tick gut¹.

Table 3 Canine Lyme (<i>Borrelia burgdorferi</i> s.s) vaccinations currently approved, for dogs, on the US market					
Brand Name	Recombitek Lyme	Duramune Lyme	Novibac Lyme	Lyme Vax	VANGUARD crLyme
Manufacturer	Merial	Boehringer Ingelheim	Merck (Intervet, CN)	Zoetis	Zoetis
Vaccine antigen	Recombinant plasma-derived, subunit vaccine (OspA)	Killed whole-cell, bivalent bacterin (OspA, OspC)	Killed whole-cell, bivalent bacterin (OspA, OspC)	Killed whole-cell, bivalent bacterin (OspA, OspC)	Recombinant OspA and chimeric OspC
Adjuvant	None	Proprietary adjuvant	Proprietary non-AI adjuvant	Non-AI adjuvant	None
Dosing recommendations	1-mL sq vaccine; dogs should be administered 2 doses, 2-3 wk apart. Annual revaccination recommended		1-mL sq vaccine; dogs should be administered 2 doses, 2-4 wk apart. Annual revaccination recommended	1-mL sq vaccine; dogs should be administered 2 doses, 2-3 wk apart. Annual revaccination recommended	1-mL sq vaccine; dogs should be administered 2 doses, 3 wk apart. Annual revaccination recommended
		Do not administer sq to horses	Do not administer sq to horses	Do not administer sq to horses	

Vaccine recommendations are for dogs. Horse doses are given on separate label use only.

Figure 14. Canine vaccines against Lyme diseases currently approved on the US market.

Discussion

The general population of ticks seems to increase along with the prevalence of *B. burgdorferi* infected ticks^{7,8}. Climate changes are mentioned as possible causes of this change^{7,8}. Adult ticks and larvae that has not yet had their blood meal might overwinter if the climate allows it⁴. The prevalence of *B. burgdorferi* infected horses is proposed to be in direct relation to the prevalence of infected ticks in the area¹. Some researchers are suggesting that the prevalence of infected horses could be higher than the infection rate of humans because of the possibility of longer exposure of the tick on the horse; humans have less fur and might observe and remove the tick easier than a horse is able to¹. The risk of being infected increases if the horse is exposed to the attached tick during a longer period of time, it is therefore suggested to remove the tick as soon as possible¹. Proper measures should be taken when removing the tick to prevent its body from being squeezed during the removal, something that also could increase the risk of infection⁴.

An overall seropositivity of 30-40% is to be expected in horses in endemic areas⁷. Seropositivity in horses have been investigated during studies in several countries. The estimated seropositivity of different areas cannot be directly compared since several factors might have an impact on the results. The year when the study was performed is out of interest when comparing seropositivity in different geographical areas since the overall tick population is increasing, so might the seroprevalence of horses do. It is therefore not suggested to compare an older study in one country with a newer study in a neighbouring country, since a larger tick population and seroprevalence can be suspected in the newer study. The time of the year when the measurements were performed might also affect the result; if measuring the seroprevalence in late autumn, the horses might be exposed to two peaks of tick infestations in comparison to horses investigated during springtime⁷. Studies have shown that horses with a lifestyle that includes more pasture exposure generally also have a higher rate of infection, the type of horses participating in the studies also affects the results¹¹. As with most test results, the sensitivity and specificity of the laboratory method used will have an influence on the test result when comparing different serological studies. In a try to estimate a mean value of the seroprevalence of *B. burgdorferi* infection in horses it is probably advisable to investigate the results of several studies where after a general estimate of the seroprevalence can be established.

The main methods of confirming an *B. burgdorferi* infection in horses has up to recently been by the use of ELISA, Western blot and Immunofluorescence assay (IFA)⁶. Usually a positive ELISA test was followed up with Western blot or an Immunofluorescence assay. The newly developed Multiplex assay was developed by Cornell university and uses three different antigens to detect the presence of three types of antibodies in the horse's serum. The spirochete bacteria

will express different antigens depending on its surroundings for example when being present in the ticks' midgut the antigen Osp A will be expressed and later when it has been present in the host for a while, Osp F will be expressed⁶. The horse's immune system will produce different type of antibodies in response to the type of antigen present at that stage. This will create an opportunity to use the Multiplex assay as an indication of how long the horse has been infected⁶. This information might help to clarify whether the different suspected clinical signs of *B. burgdorferi* is related to a more acute or chronic type of infection. Another method used for the confirmation of *B. burgdorferi* infection in horses is the ELISA SNAP®4DX that was originally developed for canine patients⁷.

In some suspected cases of Borreliosis a spirochete bacteria itself was isolated and the horses presented clinical signs but the serology came out negative³. It is therefore suggested by some researchers to use alternative methods, such as for example PCR, and to use samples other than serum in addition to confirm the infection in cases of for example uveitis³. Serology may provide false negative results in cases where a more local inflammation is suspected as in the case above but even a positive serological result of *B. burgdorferi* is not reliable by itself when making a final diagnosis of the causative agent responsible for the observed clinical signs in horses. Clinically healthy horses have also been proven to be seropositive to *B. burgdorferi* and a positive serological result is therefore not directly related to clinical signs¹¹. Investigations of horses with musculoskeletal or neurological signs revealed no higher incidence of seropositivity of these patients in comparison to the clinically healthy ones¹.

The wide list of possible differential diagnosis for *B. burgdorferi* make it more difficult to set a final diagnosis. For example, there might be several reasons for a horse to be lame, both neurological, traumatic or structural anatomical conditions might present similar signs. The horse might be co infected with *Anaplasma phagocytophilum* that shares both type of vector and possible clinical presentation with Borreliosis and it might be difficult to interpret the exact origin of the clinical signs in this case, providing antibiotics to such patient might erase the clinical signs but the exact origin of the clinical signs would remain unclear¹. As previously mentioned, neither a positive serological result can confirm anything else than the presence of antibodies following an infection.

Summary

Both clinically healthy and horses with clinical signs can be seropositive to *Borrelia burgdorferi*¹¹. The overall seroprevalence of *B. burgdorferi* in horses in endemic areas are estimated to be 30-40%⁷. There is still a controversy in the attempt to confirm *B. burgdorferi* as the causative agent for the development of clinical signs. Some studies found no relation between clinical signs and the presence of *B. burgdorferi* infection and some studies found a possible relationship with some of the clinical signs^{1 11}. The spirochete bacteria can be present in samples other than serum even if the serology turned out to be negative³. *B. burgdorferi* has the ability to migrate through various tissues of the host and is considered a multisystemic disorder³. In immunologically favoured places such as the eye, there might be a more local antibody production that is not detected in the serum³. In horses that present signs of uveitis it is suggested to use additional laboratory measures and samples other than serum to confirm the presence of the spirochete³.

The newly developed multiplex assay can be used to detect antibodies of the various stages of the infection⁵. By confirming the stage of infection and the time when the horse initially got infected, a comparison can be made between the actual stage of infection and the clinical signs thought to be caused by *B. burgdorferi* in a try to establish a clearer relationship between the two.

The time of attachment of the tick on the horse's body might be significant for the rate of infection; it is advisable to remove the tick as soon as possible without squeezing the tick's body, something that also could increase the risk of infection and inoculation of the bacteria into the new host^{1 4}.

The veterinarian must decide which treatment method that should be used based on the clinical signs, presence of vector and serological result. Broad spectrum antibiotics should not be part of the first line of defence and should not be administered without an initial positive serological result if *B. burgdorferi* is thought to be the reason for the clinical signs⁵. The success rate of treatment could be assessed with a pre- and post-blood sample where the post blood sample would show a marked decrease in the presence of antibodies after successful treatment⁶.

As to yet, there is no vaccine on the market developed for equine patients but the vaccine aimed for canine patients has been tested on horses with various results¹².

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Appendix 6. Electronic License Agreement and Copyright Declaration

HuVetA

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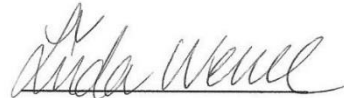
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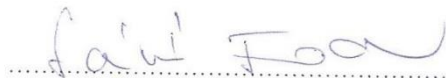
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Date: Budapest, 13th November, 2019



László Fodor

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Diseases